

Dermatology General Points

[The British Association of Dermatologists](http://www.bad.org.uk) website is a valuable source of information for clinicians and patients alike
www.bad.org.uk

For any dermatitis think

- soap substitute e.g. Dermal
- generous emollient useage
- +/- topical steroid

Emollients

- Emollients are often under-used. If a rash is florid 2 hourly application during the day is needed
 - this equates to 500g of cream / ointment per week for both an adult's arms
 - for twice daily application this equates to 200g / week

Topical steroids are also often under-used

- for daily application for a week for both an adult's arms 30-60g is needed

Prescribing of topical steroids for children (see paediatric section)

- children, especially babies, are particularly susceptible to side effects
- the more potent steroids are contraindicated in infants less than 1 year, and in general should be avoided in paediatric treatment, or if necessary used with great care for short periods